



2009 Celtic 100k / Anglo Celtic Plate Registration Form

Personal Details

Name:	<input type="text"/>	Mobile:	<input type="text"/>
Address:	<input type="text"/>	Fax:	<input type="text"/>
	<input type="text"/>	Nationality:	<input type="text"/>
Country:	<input type="text"/>	Age On Race Day:	<input type="text"/>
Tel (Daytime):	<input type="text"/>	Gender:	<input type="text"/>
Email:	<input type="text"/>	T-shirt Size:	<input type="text"/>

Personal Best at 100k

Event:	<input type="text"/>
Date:	<input type="text"/>
Position:	<input type="text"/>
Time:	<input type="text"/>

Top 2 Performances at 100k (2006 - 2009)

Event 1:	<input type="text"/>	Event 2:	<input type="text"/>
Date:	<input type="text"/>	Date:	<input type="text"/>
Position:	<input type="text"/>	Position:	<input type="text"/>
Time:	<input type="text"/>	Time:	<input type="text"/>

Please give brief details of your marathon and ultra marathon experiences and performances to date:

Anglo Celtic Plate International

The 2009 Celtic 100k also incorporates the Anglo Celtic Plate.

Please tick the box if you are officially selected to represent your country:

Rules / Regulations & Waiver

1. Participants must be at least 21 years of age on 28 March 2009.
2. The Celtic 100k will be conducted in accordance with the rules and regulations of the International Association of Athletics Federations (IAAF), International Association of Ultra Runners (IAU), Athletics Association of Ireland (AAI) and Ultra Running Ireland (URI).
3. The race will start at 08:00 on 28 March 2009. The time limit for the event is 11 hours.
4. Results will be categorised into male and female divisions.
5. All entrants must ensure they are medically fit to participate in the Race.
6. Participants must follow the instructions of Race officials at all times.
7. The individual entry fee is EUR 30 and is payable by cheque, bank draft or postal order to 'Celtic Running Adventures'.
All entry forms and payments must be submitted by 13 March 2009. There are no refunds for withdrawals.

I declare that I will be at least 21 years of age on 28 March 2009. I will abide by the rules and regulations for the competition and I will obey the instructions of Celtic 100k race officials. I am in good health and understand that I participate entirely at my own risk. I further understand that the organisers, sponsors, officials, medics and helpers are not responsible for any injury or illness incurred by me, or any loss or damage to my property, as a consequence of my participation in this event. I will retire if asked by an official to do so. I agree to allow my name, photo, video or film likeness to be used for any legitimate promotional purpose by the event holders, producers, sponsors, organisers and assigns.

Please sign your name to indicate that you have read, and fully agree with, the conditions listed above.

Signed: _____ Date: _____

Please submit completed and signed entry form and payment to: Richard Donovan, 95 Rosan Glas, Ragoon Road, Galway, Ireland.